



# The Week Ahead

### Monday

Gr.6/7 basketball - boys

### We are in this together - always go with Kindness!

In our Dixon learning community we are always thinking of ways we can be kind and fill buckets with kind words and actions each and everyday. February 23rd is PINK Day across Canada. Often called Anti Bullying Day, we think of this day as any other day at school, where our students are always working towards peaceful ways to solve problems out on the playground or in class. Our staff works every day to teach our students positive kind ways to solve problems. In early primary we learn that "Hands are not Hitting" and we learn to use our voice and we learn to get an adult to help with a problem. We also teach perspective taking as a problem usually has two perspectives. At Dixon, we also use our Dixon Pride Circle of Care to teach our students to honour themselves, others and our environment. In my short time here at Dixon I can truly say all our Dragons are kind and very inclusive of each other.

To make kindness visible our grade 6/7 student has planned a week of kindness. Through out the next week and a half staff, will handing out scales for our **Dragon of Kindness** for acts of kindness around the school and in class. Our students will print their names on the scales and add them to the dragon. On Wednesday, February 23rd, Student Council will randomly choose a few scales to recognize and reward those kind actions with a treat. On February 23 we ask all of our students to wear **pink**. As well, our student are singing a song to as a school through TEAMS to recognize we are better together and kinder together "O Siem" by Susan Aglukark. Thanks to our student leaders in grade 6 and 7 for leading us into a kinder future. (See visual below)

When you can be anything - choose to be kind!

Div. 1, 2, 7, 8 Band

### Tuesday

Primary Run Club Gr. 5/6/7 basketball girls

### Wednesday

Div. 1, 2, 7, 8 Band

Gr. 6/7 basketball boys

### Thursday

Primary Run Club

Lego Club Div. 10

Summative Assessment Posted on portfolios

### Friday

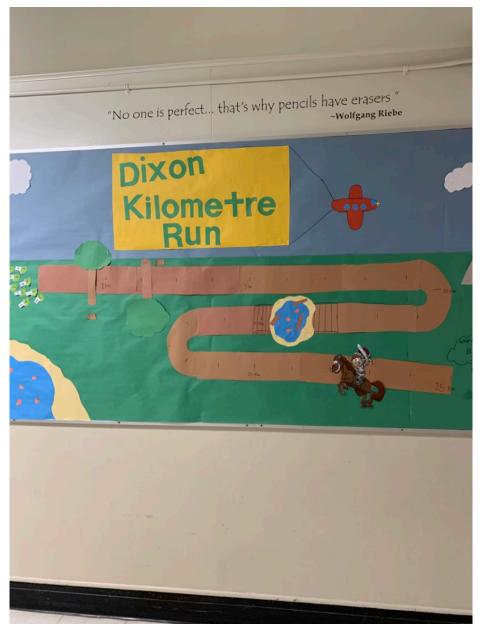
Professional Day

### Saturday

Sun Run Training 9:30 am Steveston Starbucks

### **The Dragon Dash is Back!**

On March 3rd we are hosting our second Dragon Dash to celebrate all of our running dragons who are collecting kilometres for their classes by running around the school track during gym class and at some recess and lunch times. Each Division is trying to help their baby dragon get back to their Mama dragon. Running kilometres helps our babies find their mom! To wind up and celebrate we will be hosting a school wide run on Thursday March 3rd in the morning. We will run in waves starting with out Primary Run club. As always our organizing team has organized ribbons, hot chocolate and pre-packaged cookie for each runner. Our run is outside and will be following all of our health and safety protocols. Parents are welcome to watch - we ask that you spread out and wave to your child from afar. More details to come. Please support your running dragon by ensuring your child always has a water bottle and proper running footwear.



### Dixon Dragon's Sun Run Team

Come join 40,000 other keen runners on **Sunday, April** 24<sup>th</sup> and Run in **Canada's Largest 10km Road Race.** This year the Sun Run is back in person. Dixon is putting a **Youth Challenge Team** together for grade 5-7 students, parents, and staff. Training is on Saturdays at 9:30am to 10:45 from Steveston Starbucks and Wednesdays at 7:40-8:35am from Dixon. No running experience necessary but you need to make a commitment to weekly practices. Please email: Mrs. Maika at <u>rmaika@sd38.bc.ca</u> if you would **like to join.** 

Practices are ongoing - meet at Steveston Starbucks



Dixon <mark>PAC</mark> presents Neufeld's Winter Favorites Fundraiser

https://app.neufeldfarms.ca/fundraising/ 2022-dixon-elementary

Enjoy top quality meats and sweets with an easy to use online ordering system! Many items local to the Fraser Valley. All of your favorites are just a click away... Orders In By: Sunday, February 27th 2022, end of day Pick up: Tuesday, March 8th 2022, 2:30 pm at Dixon When placing your order online, please list the "Seller" as the person who will be able to pick up your order.

### Traffic on Diamond

We ask that parents remember the speed limit is <u>30 km or slower</u> outside our school. I would encourage parents to go dead slow along Diamond in front of the school and always think about student traffic safety. Children do not understand how fast a car is going and sometimes don't think through crossing the street. The last few days a number of cars have been witnessed going much faster than 30km.

Same Bar	
	Student Council Presents
	Kindness Week
	February 14th - 23rd
	What can YOU do to spread kindness at Dixon?
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	<ul> <li>*teceive dragon scales for acts of kindness</li> <li>*very Pisk on the 23rd to scale before pink day on the 23rd</li> <li>*tere inclusive song: O Sient* acts</li> </ul>
	and dragon in rainbow scales before pink day on the 23rd them pink on the 23rd to stand up against bullying! them the scales for a one of the singing and the stand of the stand of the singing the standard of the stand of the singing the standard of the stand of the singing the standard of the standard of the singing the standard of the standard of the singing the standard of the singing the single standard of
	<sup>onfe students</sup> at our virtual accounts

Grade 7 YearBook Planning Meeting Grade 7 parents look for email from Ms. Wallace with a TEAMS link for a meeting to organize our Grade 7 year book on Tuesday, February 15 at 7 pm.



## New Updated Daily Health Check...

Please ensure you check the health declaration each day. Please keep your child home if they show any key symptom or if they have other symptoms. <u>Please send a mask to</u> <u>school with your child</u> <u>each day.</u> Thank you!

#### Daily Health Check and What to Do When Sick

#### **Daily Health Check**

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
  - Runny nose
- Headache

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- Diarrhea
- Sore throatSneezing
- Body aches

Cough

- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

#### What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about <u>Rapid Antigen Test results</u>.

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the <u>Self-Assessment Tool</u>, contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on <u>who testing is recommended for</u>.

January 2022

Upcoming Important Dates	
January 16	- Ice Breaker 8 Km Run - Steveston postponed April 10th
February 15	Grade 7 Year Book TEAMS meeting 7 pm link in upcoming
	email
February 17	Mid Year Summative Assessment posted
February 18	Professional Day #5
February 21	Family Day
February 23	Pink Day
February 24	Conference on TEAMS - Early Dismissal 12 pm
February 27th	PAC Fundraising order due! Please support our PAC!
February 28	PAC meeting & RCMP Parent Internet Safety Zoom 7 pm
March 3	Dragon DASH at school - Kilometre Club Wind Up
March 4th	Hot Lunch
March 7th	PAC Meeting
March 14 - March 25	Spring Break
March 31	Grade 6/7 Snowshoeing Trip to Seymour
April 11	PAC meeting
April 15	Good Friday
April 18	Easter Monday
May 12	Welcome to Kindergarten - afternoon

### **PAC News**

Subscribe to the Dixon PAC newsletter to keep up to date on PAC activities and upcoming fundraisers:

https://sd38.us15.list-manage.com/subscribe?u=3764e2c0622f6741db5a75b9b&id=a048d31383

#### PAC FAQ

Did you know that you are a Dixon PAC member? All parents and guardians of students registered in the school are able to participate and are members of the PAC.

#### What is a PAC?

A PAC (Parent Advisory Council), through the BC School Act, is the official collective voice of the parents and guardians of a particular school's student community. The PAC will often:

- Provide input to the school.
- Learn about (and participate in) school-based activities.
- Advocate for all students of the school community.

A school must also have a PAC to be eligible for certain funding grants.

#### What happens at a PAC meeting?

The key topics are:

- Administrators update the principal and vice principal provide an overview of what is currently happening in the school and what future events are being planned.
- PAC Treasury Report: the PAC treasurer reviews the PAC budget. If PAC funding is requested, a vote to use PAC funds may take place.
- Fundraising: the PAC fundraising representative provides an update on hot lunches, movie nights, the annual craft fair, dine-to-donate, sales, etc.

#### How long does a PAC meeting last?

We aim to have most meetings completed within an hour.